

Ride for Health & Wellness

On the 26th of January 2023, the Indian Institute of Science (IISc) campus came alive with the spirited pedaling of over 100 staff and students who participated in the much-anticipated Cyclothon. This early-morning event marked not only a celebration of fitness and camaraderie but also a unique way to commemorate Republic Day.

The Cyclothon commenced at 7 a.m., with participants gathering at the starting point with their bicycles. The route, spanning a refreshing 4 kilometers around the



scenic campus, promised a blend of nature and physical activity. To ensure a smooth and safe ride, the route had been meticulously marked beforehand, guiding cyclists along the picturesque path.

Pacers, experienced riders who rode alongside the participants throughout the ride, were strategically placed along the route to guide and motivate the cyclists. As the participants pedaled through the campus, the atmosphere was filled with a sense of community and enthusiasm. The scenic route offered breathtaking views of the campus's lush greenery, making the Cyclothon not just a physical challenge but also a visual treat.

In conclusion, the "Ride for Health and Wellness" provided a fantastic start to the new year. As the participants crossed the finish line, it was evident that this Cyclothon had not only energized their bodies but also their spirits, setting a positive tone for the months to come.

ACTIVITIES TIME LINE

JANUARY

Materials Engineering sports meet was held on 7th and 8th January. Sports activities like Badminton, Carrom, Chess, Table Tennis, Lawn Tennis, Cricket, Volleyball, Football, Box Cricket and Tug of war were held. An approximate of 150 to 170 members took part in the meet.





The intra IISc Hockey tournament was held from 9th to 15th January in Gymkhana Cricket ground. Six teams within IISc took part in the tournament. A total of 66 players participated in the tournament.

ECLIPSE 2022, An intra UG departmental sports meet was held from 14th to 22nd January in Gymkhana grounds. Following sports activities were held, Athletics, Arm wrestling, Badminton, Box cricket, Basketball, Chess, Carrom, Cycling, Dodge ball, Darts, Frisbee, Football, Handball, Hockey, Kabaddi, Kho-Kho,Lawn Tennis, Power lifting, Swimming, Sports quiz, Snooker, Table Tennis, Throw ball, Tug of war, Volleyball. Total number of students participated - Above 300.

FEBRUARY

- GSAC (Gymkhana Students Affairs Council) elections was held on 2nd February for the following posts:
 - a) Sports Secretary
 - b) Cultural Secretaty
 - c) Women committee member
 - d) General Secretary.
- SIMA (Science Institute Malayali Association) conducted a badminton tournament from 4th to 5th February.



DCC (Inter departmental Cricket Competition) kick started on 21st February. The tournament went on till 26th March. MCB department was crowned champions of the tournament.

- Civil Engineering departmental sports meet was organized on 11th and 12th February. Activities like Box cricket, Table tennis, Badminton, Volleyball, Basketball, Chess and Carrom were held.
- Kung-Fu belt exam was conducted in SAC hall on 18th February.
- Inter Departmental Cricket Competition was held from 3rd to 5th Feb. at Gymkhana cricket ground. 6 teams participated in the tournament including IISc A and B teams. IISc A team finished second in the tournament.

 Mechanical Engineering sports day was organized on 18th February. Sports activities like
Cricket, Football, Basketball, Badminton, Chess, Carrom, TT and Lawn tennis were played.

IISc Bhangra group - "Yaaran Da Tashan" participated in "UNMAD" a cultural fest organized by IIM-B from 25th to 26th February.

- An intra IISc Badminton Premier League was held from 23rd to 25th February. The total number of participants was close to 150.
- Alumni sports meet 2023, was held on 26th February. Sports activities like Cricket, Badminton, Table tennis, Carrom and Chess were held.
- IISc Cycling club took part in 12K Jarkabande Eco Ultra Race at Avalahalli forest on 26th February. Eight cyclists from the institute participated in the event.
- The Student Council soap box meeting was arranged in SAC hall on 28th February. All the contestants and students took part in the meeting.

MARCH

- Holi- The festival of colors was celebrated by the institute community in the Gymkhana grounds on 7th and 8th March.
- Mathematics departmental sports meet was organized at Gymkhana on 11th and 12th March. Sports activities like Football, Basket ball, Cricket, Badminton, Tennis, Chess, Carrom and Swimming were held.
- IISc Hockey club participated in St. John's Hockey Tournament, held from 24th to 26th March.
- IISc Volleyball club conducted an intra IISc Volleyball Premier League from 11th to 13th March. A total of 4 men's and 2 women's teams participated in the league.

- Office of International Relations conducted a sports meet on 24th March. Games like Table tennis, Badminton and Football were played.
- Nritya Tarang, the dance club of IISc presented its annual showcase "Jhankaar" on 11th March at Sathish Dhawan Auditorium.

SPECTRUM-23

An annual Inter-Departmental Sports Meet was kickstarted on 6th March 2023 and went on till 7th April 2023. The sports meet witnessed rigorous competition between 30 departments. Prof. Govindan Rangarajan, Director, IISc, Prof. Ambedkar Dukipati, President, Gymkhana, Mr. Veeranna Kammar, Deputy Registrar, Gymkhana, participated in the inaugural ceremony.





Ashwin Kanavalkadan PhD, ICER. General Secretary

At Gymkhana, we're dedicated to igniting the sporting spirit across our campus. Our mission is to provide the best sporting experience for all members of our community.

We offer top-notch sports facilities, from well-maintained fields to fully equipped gymnasiums. Our diverse sporting events, including tournaments, meets, and championships, encourage friendly competition and talent discovery. Beyond competition, we promote fitness and wellness through yoga, aerobics, and workshops, nurturing a healthy lifestyle among our community.

Let's unite, celebrate sportsmanship, teamwork, and fitness, and make IISc a hub of sporting excellence.



Abhikalpa Saikia Sonowal Master of Management Sports Secretary

Beyond the scoreboard, Sports knit the IISc community closer together, with student participation attaining new heights year after year. The Gymkhana Staff and facilities help orchestrate this symphony of success.



PhD, DBG. Cultural Secretary

From exhilarating and captivating cultural performances, the Gymkhana embodies the diverse spirit of our institution. Join us in celebrating the fusion of diverse artistry at IISc's Dynamic Gymkhana.



Sushmitha Janakiram PhD, AE. Women Committee Member

The Gymkhana sports facility at IISc is a haven for our university's athletic community. With state-of-the-art equipment and spacious grounds, it fosters a culture of fitness and camaraderie among students.